

## DMK pregnancy guide

At DMK, our clients' safety and skin health are always our top priority. In some cases, during pregnancy, we advise clients to discontinue the use of certain

products. A DMK Skin Technician will be able to recommend a tailored pregnancy routine to the individual upon consultation.

## **PREGNANCY SAFE PRODUCTS**

- **Actrol Powder**
- Acu Crème
- Acu-Moist
- Aminodine
- Beta Gel
- Betagen
- Biogen C
- Calerase
- Contraderm
- Crème Citrique
- Direct Delivery Vitamin C
- **Enbioment Range**
- **Epitoxyl**
- Eye Tone
- FibroMax C
- Fine Line
- Herb & Mineral Mist
- Herbal Pigment Oil
- Hydra Louffa
- Hydrating Masque
- Hydroloc
- Limited Range
- Maximum Moisture
- Melanotech Crème
- Melanotech Drops
- Micro Peel
- Milk Cleanser or Deep Pore
- Nite Firming
- Pore Reduction Plus

- Pro Amino
- Seba-E
- Solar Damage Gel
- Soleil Defence SPF 50+
- Soleil Protect SPF 15
- Super Bright
- Cryo Pro-X
- EFA Ultra (always advise client to check with their doctor if using, or before commencement)
- Regul8 Maintain (always advise client to check with their doctor if using, or before commencement)

## PRODUCTS/ TREATMENTS TO AVOID DURING **PREGNANCY**

- Acu Klear (third trimester)
- Acu Klenz (third trimester)
- Acu Masque
- Acu Mist
- Acu Therm
- Body Enzyme
- Body Sculpting Crème
- Enzyme #3 (do not combine Enzyme #2 & #3)
- Foamy Lift & Exoderma Peel (this can be used during pregnancy; it has cassia and is stimulating, but not contraindicated)
- Pro Alpha #2
- Quick Peel
- Red Vein Crème
- Revise A
- Revitosin
- Regul8 Cleanse, Restore & Relax

