

# EFA Ultra



EFA Ultra is DMK'S Signature Supplement that provides the full group of essential Fatty Acids 3,6,7 and 9! It is designed to support skin functioning, internal health and overall wellbeing.

EFA Ultra is based on the knowledge of cell functions and their nutritional needs. Essential means they must be obtained directly from a dietary source because the body cannot produce them. These essential elements can easily be overlooked when it comes to incorporating them into your daily diet, hence why an EFA supplement may be beneficial.

When provided with the essential elements like those contained in EFA Ultra, the cells of our skin and body have an incredible ability to regenerate. EFA's assist in maintaining cell membrane structure, integrity and moisture content. This is the foundation for EFA Ultra's efficiency.

EFA Ultra has been formulated to:

- Support the health of skin
- Contains Coconut Oil & Seaweed Fucoidans
- Relieve symptoms associated with dry skin
- Provide antioxidants for the maintenance of good health
- Reduce the risk of moisture loss within the skin
- Act as a mild anti-inflammatory mediator

## The EFA Ultra difference

EFA Ultra's inclusion of Fucoidan extracts (potent multifunctional nutraceutical ingredients) means it contains fucose-rich sulphated polysaccharides which are unique to EFA Ultra and beneficial for human ingestion.

## Key ingredients

**Pure Organic Coconut Oil:** Coconut oil contains a complex blend of rich fatty acids, which have been shown to have positive effects on general health and wellbeing.

It is still extensively used as a traditional medicine within the Asian and Pacific region populations. The coconut palm is so highly valued as both a source of food and medicine, that it is called the 'Tree of Life'.

**Undaria Pinnatifida (Mekabu) Seaweed:** Fucoidan extracts with clinical data for health and wellbeing and is jam-packed full of bioactive compounds. Mekabu Seaweed has been shown to have positive effects on: combating glycation, which affects skin elasticity and the physical signs of ageing. Undaria Pinnatifida Seaweed is rich in bio-active compounds, including Fucoidan, which provide antioxidants for the maintenance of good health.

**Sea Buckthorn:** A rich plant-based source of vital nutrients, vitamins, minerals, and essential fatty acids. Sea buckthorn (*Hippophae rhamnoides*) is one of the important natural resources of the mountainous regions of China and Russia as it is a potent source of fatty acids and is used to nourish the skin, making it a valuable ingredient for most skin revision programs.

Always read the label. Use only as directed. Vitamins can only be of assistance if the dietary vitamin intake is inadequate. If symptoms persist consult your healthcare practitioner. AUSTL 281954